

Things to Declutter in Under 5 Minutes

by Tracy McCubbin

Here are 25 things you can declutter in under 5 minutes. These are quick, actionable decluttering tasks that really move the needle but don't take up a ton of time.

- Car- Grab a trash bag & declutter your car!
- One Pair of Shoes- Just one pair of shoes that hurt your feet.
- One Re-useable Jar- I know you have at least one jar you can let go of. Maybe two!
- Freezer- What items are hiding in the back that you can cook... or toss.
- Gift Cards- Decluttering to treat yourself. Find them and use them!
- Shower- Recycle those empty bottles.
- Coffee Mugs- Chipped, free from the corporate retreat, or just way too many.
- Condiment Packets- How old are they, and will you ever use them?
- Spices- Check the date and consolidate.
- Kitchen Utensils- You do not need 8 spatulas.
- Dull Knives- If they can't be resharpened, dispose of them safely.
- Puzzles & Board Games- Missing pieces? Don't play them? Time to go!

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- Water Bottles- You can have one or two emotional support water bottles, not 20.
- Sheets & Towels- Good condition? Donate to those in need. Rips or stains? Donate to an animal shelter.
- Tupperware- Do all your bottoms have a top and all your tops have a bottom?
- Pillows- After years they lose their fluff.
- Empty Shipping Boxes- Don't let these clutter up your entryway and kitchen.
- Pen Cup- Dead pens? Random toothbrush?
- Mismatched Socks- Unless you want to wear them mismatched!
- Top of your Nightstand- It's the first thing you see in the AM and last thing you see in the PM.
- Magazines/Catalogs- If you don't read them, you don't need them.
- Vases- Use your good ones! Donate the others back to the florist.
- Pet Toys- Because your pets can't declutter!
- Re-Useable Bags- Do you have a bag of bags?
- Plastic Bags- Use them for trash bags and try to reduce your intake. Remember your bag of bags?