

More Helpful Decluttering Tips From

Tracy McCubbin

Should it Stay or Should it Go?

The most difficult thing about decluttering is how to determine what to keep and what to toss. Once you wade past the trash, the recycling and the stuff that has a home, you're faced with the real clutter. Below are the five questions to ask yourself as you go through your own clutter. If you can answer yes to one of the questions then you know... it should stay. If you answer no... it should go!

Do you use it on a semi-regular basis?

By semi-regular, I mean at least once year. Like the large platter I have that holds the turkey at Thanksgiving every year. I have used it every year for over twenty years and it STAYS. The old sleeping bags that haven't been on a camping trip in 10 years should GO.

Is it making you money?

Do you use it for work or somehow does it help you generate income? It STAYS. Whatever is piled up in the corner of the family room for that someday garage sale that you're never going to have should GO.

Can you buy it again for a reasonable price or borrow it?

Is it costing you more to store it or fix it than it would be buy it again? Or is it something everyone has and it would be easy (and free) to borrow from someone you know? It should GO.

Do you have a place to store it?

Really, do you have a place to store it? Great, then it STAYS. Is it shoved on a closet shelf so that every time you open the closet door it falls on your head? GO.

Do you LOVE LOVE LOVE it?

I mean, do you LOVE it? If yes, then it STAYS. If it's okay...I sort of like it... I hate it but so-and-so gave it to me, it GOES.

You're off to a great start. I hope you feel better already!

Tracy McCubbin is the founder of dClutterfly. Different from other decluttering companies, Tracy believes that in order to really get to the bottom of all that clutter, we need to address not just what is there, but why it's there.



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