

Are you or a loved one needing to downsize?

Senior Downsizing Checklist

by Tracy McCubbin

This timetable is the in the perfect-world scenario so go easy on yourself!

ASAP- First Things First

- ✓ Determine where you are moving to.

6+ Months

- ✓ Set your move-in date.
- ✓ Interview realtors, if you are selling your house.
- ✓ Get the floor plan and exact measurements of the new place so you can figure out what of your furniture will fit.
- ✓ Start to interview movers.
- ✓ Get referrals.
- ✓ Research on Yelp.
- ✓ Call appraisers.
- ✓ After receiving appraisals, decide if it's worth it to have an estate sale or just donate or give away items that aren't going with you.
- ✓ Take a video of your old house to commemorate how it was before you start dismantling it.

3 Months

- ✓ Book movers and schedule move date.
- ✓ Purchase packing supplies, if you are packing yourself.

Tracy McCubbin is the founder of dClutterfly. Different from other decluttering companies, Tracy believes that in order to really get to the bottom of all that clutter, we need to address not just what is there, but why it's there.



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- ✓ Start the process of clearing out, room by room.
- ✓ Garage
- ✓ Attic and/or Basement
- ✓ Guest Room
- ✓ Linen Closet
- ✓ Office
- ✓ Living Room
- ✓ Dining Room
- ✓ Bedroom
- ✓ Kitchen
- ✓ Collect and keep together important papers.
- ✓ Let your family know of the timeline and arrange for pick-up of items that they may want
- ✓ Start packing the items not needed till after the move.

1 Month

- ✓ Complete address changes. Consider sending out a new home announcement to gather support from loved ones during the big change.

Notify:

- ✓ Post Office
- ✓ Credit Cards
- ✓ Bank Office
- ✓ Investment/Retirement Accounts
- ✓ Medicare & Social Security
- ✓ Voter's Registration

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- ✓ Family and Friends
- ✓ Driver's License/Car Registration
- ✓ Newspaper/Magazine Subscription
- ✓ Social Clubs & Places of Worship
- ✓ Lawyer, Accountant, Insurance Agent
- ✓ If you have pets, consider boarding them, if so then schedule the boarding.

2 Weeks Before Move

- ✓ Refill all your prescriptions.
- ✓ Cancel utilities, cable, TV & phone at old home. Schedule installation of same at new.

1 Week Before Move

- ✓ Pack the rest of the house.
- ✓ Estate Sale, if you are having one.
- ✓ Arrange for donations.
- ✓ Arrange for trash pick up.
- ✓ Pack a first box. Don't load on truck, take with you.
- ✓ Pack Day, if moving company is packing
- ✓ Donation & Trash Haul

Move Day

- ✓ One Final Sweep
- ✓ Say Goodbye to old home and hello to new home!

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